



# RESICA ELEMENTARY SCHOOL HEALTH & PHYSICAL EDUCATION MARCH/APRIL NEWSLETTER 2017

## HEALTH CLASS NEWS UPDATE:

### Miss Conklin's Classes:

**5<sup>th</sup> Grade-** Media Influences on consumer health products

**4<sup>th</sup> Grade-** Finished Body Systems, Weather Safety, Environmental Health

**3<sup>rd</sup> Grade-** Fitness Plans, Nutrition

**2<sup>nd</sup> Grade-** Emergency Situations, Stranger Safety

**1<sup>st</sup> Grade-** Nutrition, Location & Function of Basic Body Organs, Germs

### MR. HENRY'S CLASSES:

**5<sup>TH</sup> Grade-** Body Systems, Nutrition

**4<sup>th</sup> Grade-** Growth & Development, Body Systems

**3<sup>rd</sup> Grade-** Nutrition, Body Systems

**2<sup>nd</sup> Grade-** Germs/Disease, Hygiene

**1<sup>st</sup> Grade-** Germs, 5 Senses, Dental Health

## ***MARCH FLOOR HOCKEY MADNESS AND A VARIETY OF ACTIVITY***

*March always starts off with the excitement of spring coming soon! Not in the Poconos! Resica started March with Floor Hockey Madness.*

*3<sup>rd</sup> Grade was introduced to the basic floor hockey skills of stick grip and handling, passing for accuracy, dribbling control, shooting, face-offs and lead-up games.*

*4<sup>th</sup> Grade reviewed the basic skills and worked on game strategies and control. Our 5<sup>th</sup> Grade's concentrated on game play (open space, give & go) and shooting for accuracy. We even threw in games of Scooter Hockey.*



*Kindergarten, 1<sup>st</sup> and 2<sup>nd</sup> Grades participated in a variety of activities. We started with the Parachute, playing games of popcorn, mountain climbing, circus tent, color change, merry-go-round and in & out. The Parachute was followed with a unit on paddle skills. Students learned proper grip, self- tapping, paddle bouncing, striking self- tosses and striking over nets. Then the snow came and shortened our St. Patrick's Day Game Unit. We did get to play games of St. Patrick's Day Parade, Leprechaun Coin Collector's and Rainbow Tag.*